

Mississippi Valley Associates Connections

Mississippi Valley Associates

Cedar Rapids Office
3349 Southgate Ct. S.W.
Ste. 101
Cedar Rapids, IA 52404

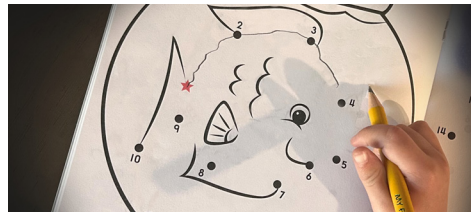
P: 319-366-2991
F: 319-366-2891
Mon.–Fri., 9 a.m.–4 p.m.
and by appointment

DeWitt Office
908 Sixth Ave.
DeWitt, IA 52742
P: 563-659-2991
F: 563-659-2891
Mon.–Fri., 8:30 a.m.–4:30 p.m.
and by appointment

Geneseo Office
209 W. Exchange St.
Geneseo, IL 61254
P: 309-944-4538
Mon.–Fri., 9 a.m.–5 p.m.
and by appointment



Connecting the dots



Dots are interesting and this world is full of them. They're cute on dalmatians, dotted Swiss fabric and lady bugs. Technology often produces dot matrix patterns, including the words on the page you are reading right now.

Without connections, a complex dot-to-dot puzzle image remains mysterious. Have you ever wished you could connect the dots of your financial picture to bring it into sharper focus? We appreciate being able to help our Thrivent families do just that. One of Mississippi Valley Associates' core values is understanding what is important to you—from the details to the big picture—so we can personalize our guidance to help you achieve financial clarity and confidence. Let's connect.

The blessing of protection

It's common for people to assume they'll never become disabled, but

as a member of our team discovered, it can happen. With retirement and exciting plans for the future in sight, our teammate's life changed. Disability income insurance may not be a fun topic, but having it can mean the difference between a potential catastrophe and the blessing of being able to meet expenses.

According to Thrivent financial advisor Stefan Christensen, "Many of us have seen what happens when a friend or family member is unable to earn an income. In my experience, the most valuable resource a lot of my clients possess is their ability to work and provide for their family. As a financial advisor, I encourage all my clients, especially those in the accumulation stage, to evaluate their situation and have a plan in place in case the unexpected happens."

Check out this article to learn more: thrivent.com/insights/disability-insurance/do-you-need-disability-insurance.



Meet the team



Alex Carr
MBA, FIC
Financial Advisor
Cedar Rapids office



Gaylon Heetland
CFP®, ChFC®, CLU®,
CAP®, CASL®, LUTCF®,
FIC, CKA®, BFA™
Associate
DeWitt and Cedar
Rapids offices



Casey Walker
CLU®, LUTCF®, FIC
Financial Consultant
DeWitt office



Maurie Nelson
LUTCF®, FIC
Associate
Geneseo office



Stefan Christensen
Financial Advisor
Cedar Rapids office



David King
Practice Support
Associate
Cedar Rapids office



Tom Emerson
Associate
Cedar Rapids office,
serving the greater
Dubuque area



**Allison Thede
Everman**
Office Professional
Cedar Rapids office



Kallie Barnhart
Office Professional
DeWitt office



Teri Burkett
Insurance Office
Professional
Cedar Rapids office

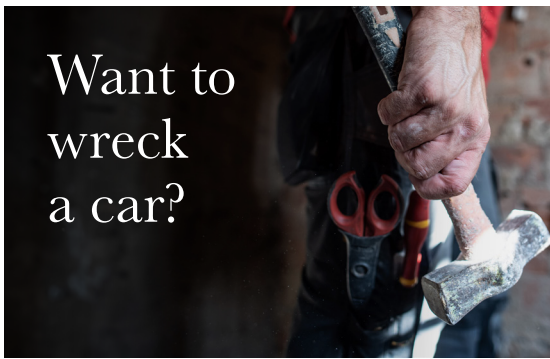
Kathy Drury
Office Professional
DeWitt office

Jo Anne Renfro
Office Professional
Remote



“But the wisdom from above is first pure, then peaceable, gentle, open to reason, full of mercy and good fruits, impartial and sincere.”

—James 3:17 ESV



Attend a Car Smash Fundraiser

Want to wreck a car? Then come to a fun and unique family-friendly event on Aug. 10 from 4 to 8 p.m. to raise funds for the U.S. Army Reserve 411th Engineer Company Family Readiness Group (FRG) based in Cedar Rapids.

FRG provides information, support and activities to benefit the families of local reserve soldiers. American Legion Post 298 of Marion is co-hosting this event with our Mississippi Valley Thrivent Community.

Activities include:

- Smashing or keying a car, thanks to Sunline and ATS Towing
- Free music and karaoke with DJ Mikey Z
- Bouncy house
- CR face painting
- Viewing military and emergency vehicles
- Cornhole tournament
- Food, beverages and snow cones

Help make this event a success by:

- Spreading the word
- Volunteering
- Participating in the Car Smash

We need lots of volunteers for two-hour shifts, so please call Teri Burkett at 319-431-0383 or email teresa.burkett@thrivent.com to sign up as soon as possible.

All proceeds go to the 411th Engineer Company FRG. See the Upcoming Events section of this newsletter for details. We appreciate your support and hope to see you there.

Recipe corner

Grandpa's Danish

My grandpa used to sell a version of these Danish pastries in his Independence, Missouri, bakery and gave the recipe to my mom after he retired. As a high school business teacher who combined entrepreneurship and home economics, Mom used it for a catering service her class offered to the local community. This treat is sure to satisfy any sweet tooth.

—Alex Carr, financial advisor



Ingredients

- 2 (8-oz.) tubes of refrigerated crescent dinner rolls, divided
- 2 (8-oz.) packages of cream cheese, softened
- 1½ cups of powdered sugar, divided
- 1 egg white
- 1 teaspoon of vanilla
- 1 can of cherry pie filling (21-oz.)
- 3 tablespoons of milk

Ingredients

1. Preheat oven to 350 degrees.
2. Unroll one tube of crescent rolls into two long rectangles.
3. Place the strips in a greased 9-by-13-inch baking pan. Press them on the bottom of the pan to form a crust.
4. Using an electric mixer, beat the cream cheese with ¾ cup of powdered sugar, egg white and vanilla until well blended.
5. Spread cream cheese mixture onto the unbaked crust. Cover it with cherry pie filling.
6. Unroll the remaining tube of crescent dough and separate it into two long rectangles.
7. On a flat surface, press out the dough to form a 9-by-13-inch rectangle, pressing seams together to seal. Place the dough over the pie filling to form a top crust.
8. Bake 25 minutes or until golden brown.
9. Whisk together the remaining powdered sugar and milk to form a glaze.
10. Drizzle glaze on the cooled pastry.

Upcoming events



Don't miss the Car Smash Fundraiser

Saturday, August 10 | 4 to 8 p.m. | American Legion Post 298, 625 31st St., Marion

Our Mississippi Valley Thrivent Community and American Legion Post 298 of Marion are hosting this family-friendly event benefitting the U.S. Army Reserve 411th Engineer Company Family Readiness Group. Bring your family and friends to wreck a car, sing karaoke, play cornhole and enjoy other fun summer activities.

Volunteers are needed. Please call Teri at 319-431-0383 or email teresa.burkett@thrivent.com to sign up for a two-hour shift.



Attend a local baseball game

Thursday, August 15 | Game begins at 6:35 p.m. Food and beverage service begins at 6 p.m. and lasts until 9 p.m. | Veterans Memorial Stadium, 950 Rockford Rd. S.W., Cedar Rapids

Your Thrivent Member Network is excited to welcome Thrivent clients and friends to a Cedar Rapids Kernels vs. South Bend Cubs baseball game. While you watch, enjoy all you can eat and drink for three hours. In addition, please consider bringing non-perishable items for our food drive. Our group will be in the McGrath Auto Party Plaza, sections 5–7.

For additional information and to register, visit 8-15Kernels.eventbrite.com. Seats are limited and registration closes on Aug. 1, so sign up now.



Catch The Friday Morning Brew

Friday, September 27 | 7–9 a.m. | 3349 Southgate Ct. S.W., Ste. 101

Stop by our Cedar Rapids office for coffee and donuts on the last Friday of the month. Caffeine and carbs are a great way to kick off your Friday!

Refer a friend

Do you know someone who could benefit from our guidance? We'd be happy to meet with them to learn about their needs and explore how we can help.

Stay connected

W connect.thrivent.com/mississippi-valley-associates

f facebook.com/MississippiValleyAssociates

No products will be sold at these events.

U.S. Army Reserve 411th Engineer Company Family Readiness Group is not affiliated with or endorsed by Thrivent.

Not all team members can provide all products, programs and services in all states.

Not all team members may office at the above addresses.

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